

# AT THE CORE OF CARE

## FULL EPISODE LIST



# AT THE CORE OF CARE

*Funded by AARP & RWJF as part of the Future of Nursing: Campaign for Action Innovations Fund*



**PENNSYLVANIA  
ACTION  
COALITION**

A healthy PA through nursing



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# PODCAST OVERVIEW

In 2019 the PA-AC released a new podcast series, “At the Core of Care”. This podcast highlights the creative efforts of nurses and their partners to meet the health and healthcare needs of their patients and the communities that they serve. Through a focus on the consumer experience of care, the podcast showcases stories of nursing leadership, practice, innovation, and diversity.

Funding was provided by AARP and the Robert Wood Johnson Foundation as part of the Future of Nursing: Campaign for Action Innovations Fund. The PA-AC partnered with Kouvenda Media, a social change multi-media production company, to facilitate all interviews with project partners who are featured in the podcast series.

To stay up to date with our podcast series and listen to full episodes, visit our homepage at [paactioncoalition.org](http://paactioncoalition.org).

“At the Core of Care” is also available on most podcast streaming services, including Apple, Stitcher, and Spotify.

Don't forget to like and subscribe!

## AVAILABLE ON





# SEASON 1

September 2019

## SEXUAL ASSAULT NURSE EXAMINERS

**\*This episode contains content that may be alarming to some listeners including descriptions of sexual assault and traumatic events. Listener discretion is advised**

This episode takes a look at Sexual Assault Nurse Examiners in Pennsylvania. Few healthcare providers are trained to do this tough job, which requires a timely and skilled healthcare response that addresses physical and mental health. Examiners must also be trained on the forensic and legal components so they can collect evidence that can hold up in court. An innovative program out of Penn State University, the SAFE-T Center, closes a gap in services offering telehealth support medical practices in rural and underserved areas. Hear from the incredible nurses at the SAFE-T Center and the healthcare professionals they support.

## BREASTFEEDING SUPPORT AT THE PHILADELPHIA NURSE-FAMILY PARTNERSHIP

The Philadelphia Nurse-Family Partnership is an evidence-based home visiting program that serves new mothers and families. They offer support for new mothers who are struggling with breastfeeding. In this episode, we hear from nurses and the moms who were in this program about their challenges, and how their nurse helped them. The Philadelphia Nurse-Family Partnership is a program of the National Nurse-Led Care Consortium, a subsidiary of the Public Health Management Corporation.

## THE FIGHT FOR FULL PRACTICE AUTHORITY IN PENNSYLVANIA

Nurse practitioners are educated and trained to provide primary care services, but state law creates barriers for them to care for patients. Pennsylvania has some of the best nursing schools in the country. Why doesn't the state allow graduates to practice to the full extent of their education? Nurse practitioners across Pennsylvania have fought for years to modernize the state's nursing law. In this episode, we spoke to nurses as they gathered in Harrisburg to meet with lawmakers and advocate for themselves and their patients.

## PEDIATRIC HOME CARE FOR MEDICALLY COMPLEX CHILDREN

This episode focuses on the unique challenges of pediatric home care for medically complex children. The work can be complex, and retaining nurses in this field can be difficult. This episode features one of the most interesting interviews of the series with a nurse who was inspired to pursue her nursing education because she is also the mother of a child who needs 24-hour care. She works tirelessly as a nurse, mother, and advocate for families like her own.



# SEASON 2

January - October 2020

## **BODIES AND BARRIERS: LGBT HEALTH EQUITY**

Listen to our interview with **Adrian Shanker**, Founder & Executive Director of the Bradbury-Sullivan LGBT Community Center in Allentown, PA, and editor of *Bodies and Barriers: Queer Activists on Health*. Adrian and Sarah talk about LGBT health, how healthcare providers can provide culturally competent care and Adrian's new book.

## **IMMIGRANT HEALTHCARE IN CHESTER COUNTY**

This episode features stories of migrant farmworkers in Kennett Square, Chester County, Pennsylvania, and the unique challenges of delivering quality, culturally competent care to the men and women who do this work.

We speak with **José Maciel** and **Antonio Renteria**, winners of the University of Pennsylvania's 2019 President's Engagement Prize and founders of Cultivando Juntos.

## **REFUGEE HEALTHCARE UP-CLOSE, PART 1: ERIE**

This story is the first of two episodes that focus on refugee healthcare and how nurses are improving their healthcare experience.

In this episode, we travel to Erie, Pennsylvania to spend time at the **Multicultural Health Evaluation Delivery System (MHEDS)**. MHEDS is the primary care provider for incoming newly resettled refugees and immigrants and effectively provides culturally competent care because of their unique staff. We meet refugees working as medical assistants, patient coordinators, and interpreters and hear from the organization's nurses and healthcare administrators about what it takes to run a clinic that addresses the specific needs of a population with limited resources.

## **REFUGEE HEALTHCARE UP-CLOSE, PART 2: LANCASTER**

This story is the second of two episodes that focus on refugee healthcare and how nurses are improving their healthcare experience.

In this episode, we travel to Lancaster, Pennsylvania to get a first-hand look at the city's system for delivering care to refugees and how community stakeholders collaborate to address public health issues among refugees.

We also learn about the challenges and rewards of delivering care to refugees and hear from nurses about the enormity of the responsibility they feel to deliver effective, culturally congruent care to patients who have endured so much.





# SEASON 2

January - October 2020

## PREVENTING SIDS WITH CRIBS

In this episode, we learn how nurses play a key role in helping families develop safe sleep practices for their babies to prevent SIDS (Sudden Infant Death Syndrome) and SUID (Sudden Unexpected Infant Death).

We speak to **Devon George**, who has a nursing background and is the Director of Education Outreach at Cribs for Kids. This Pittsburgh based organization has been a national leader in the effort to promote and institute safe sleep practices, along with creating systems to provide families in need with free or low-cost portable cribs.

## EMPOWERING NURSES TO CHANGE PUBLIC POLICY

Last year, nurses joined with other advocates in Philadelphia, Pennsylvania to successfully advocate for a new law that protects children from lead poisoning.

**In this episode, we speak with:**

- **Erin Blair**, a home visiting nurse of the National Nurse-Led Care Consortium, who shared a testimony with City Council on her firsthand experience working with families affected by lead exposure.
- **Colleen McCauley**, the health policy director for Public Citizens for Children & Youth (PCCY), who helped shape the new lead legislation in the city. Colleen uses her experience in nursing and public health to advocate for better public policy.
- **Katie Huffling**, executive director of the Alliance of Nurses for Healthy Environments on how nurses can create systemic change.

## NURSES CULTIVATING PATIENT-CENTERED CARE

The National Nurse-Led Care Consortium (NNCC) is leading a two-year patient-centered initiative to cultivate a community of nursing stakeholders around substance use disorder care. The goal is to better understand optimal care delivery for individuals experiencing challenges related to substance use and persistent pain who have a heightened risk for infectious disease.

In this episode, we speak with two patient advocates, **Ivy Clark and Shelley Bastos**, who share their perspectives on the role of nurses to address substance use disorder.

We also hear from **Kristine Gonnella**, Senior Director of Strategic Initiatives at NNCC about the goals behind this project.



# COVID-19 Special Episodes

*June - September 2020*

In response to the COVID-19 pandemic, we devoted some episodes on "At the Core of Care" to hear from nurses who have volunteered to share their personal experiences with us.

## **RESILIENCY IN NURSING THROUGH COVID-19**

In this special episode, we speak to **Jennifer Gil**, an emergency trauma nurse in Philadelphia. She contracted and recovered from COVID-19, and is now returning to work. Hear what her experience was like and how the pandemic has furthered her commitment to health leadership and public health.

## **SCHOOL NURSES AND THEIR ROLE DURING COVID-19**

In this special episode, we hear how school nurses are supporting their students and each other during this pandemic.

First, we speak to **Lori Kelley**, a school nurse in southwestern Pennsylvania and the current president of the Pennsylvania Association of School Nurses and Practitioners (PASNAP). In response to the pandemic, the organization has been supporting its members around the state with regular regional Zoom meetings, free online continuing education resources, and advocating for their members to be part of the planning process in their communities to help reopen schools. We then speak to **Lynn Heard**, a school nurse in northeastern Pennsylvania and PASNAP's 2019 School Nurse of the Year. Lynn shares what her job was like pre-pandemic and her thoughts and concerns about returning to school.

## **SOCIAL JUSTICE IN NURSING**

It is an unprecedented time to be entering the field of nursing, as our country grapples with George Floyd's murder, widespread protests, and the course of the COVID-19 pandemic. In this special episode, we hear from **Andre' Bennett**, a graduate of Lincoln University, who shares his outlook on what's happening in our country, the need for social justice, and how that relates to his interest in mental health nursing. He reiterates that nurses are advocates that can make meaningful change not only with COVID-19 but with the way the country is dealing with racism. Andre' also shares how COVID-19 is affecting new grads and scheduling for the NCLEX exam.

## **BUILDING RESILIENCY IN THE NURSING WORKFORCE**

In this special episode, we speak to **Jillian Bird** the RN training manager for the National Nurse-Led Care Consortium. Jillian emphasizes wellness and self-care as part of her role as the RN training manager, and she's bringing a high level of compassion to how nursing can respond to the COVID-19 pandemic. She also shares how nurses across the country are coping during these times and how they are innovating along the way.





# COVID-19 Special Episodes

*June - September 2020*

## **NURSING STUDENT PERSPECTIVE OF COVID-19**

In this special episode, we speak to **Ana Pichardo**, a recent BSN graduate from LaSalle University and a full-time certified Spanish-speaking medical interpreter at Temple University Hospital in North Philadelphia. Ana shares with us the impact the pandemic has had on her family, nursing education, her work as an interpreter, and the way it has shifted her approach to health care. Specifically, health care workers and institutions need to recognize racism as a public health crisis in order to eliminate the health care inequalities occurring every day.

## **EXAMINING THE IMPACT OF COVID ON COMMUNITY HEALTH CENTERS, PART 1**

This is the first of two episodes highlighting community health centers' response during the COVID-19 pandemic. In this first episode, we venture outside of Pennsylvania to speak to two members of the nursing team at Callen-Lorde, a New York City community health organization that specializes in LGBTQIA healthcare. Nursing team members, **Lara Comstock and Sime Phillips**, discuss the specialized care they provide to the LGBTQIA community and the pandemic's impact on Callen-Lorde.

We also hear from **Kristine Gonnella**, Senior Director of Strategic Initiatives at the National Nurse-Led Care Consortium about how their organization is working with partners nationally to make public health preparedness resources more readily accessible to community health centers.

## **EXAMINING THE IMPACT OF COVID ON COMMUNITY HEALTH CENTERS, PART 2**

During Part 2 of our series highlighting community health centers' response during the COVID-19 pandemic, we continue our journey outside of Pennsylvania to speak with **Jeannie McIntosh**, a family nurse practitioner at **Community Health Center Inc. (CHC)** in Connecticut. Jeannie provides primary health care to seasonal agricultural workers through a partnership with the Connecticut River Valley Farmworker Health Program. Jeannie shares with us how CHC, Inc. and the Connecticut River Valley Farmworker Health Program have adapted their methods of outreach, engagement, and education to provide care during the pandemic.

We also hear from **Kristine Gonnella**, Senior Director of Strategic Initiatives at the **National Nurse-Led Care Consortium (NNCC)** about the critical role community health centers play in emergency response and how NNCC is working to ensure health centers have the resources necessary to provide care during the pandemic.



# Vaccine Confidence Series

March - June 2021

**A six-part "At the Core of Care" podcast series about building confidence in the COVID-19 vaccines in partnership with the National Nurse-Led Care Consortium (NNCC) and the Centers for Disease Control and Prevention (CDC). During this series, NNCC hopes to support nurses and our communities participate in conversations to promote vaccine confidence and support public health.**

*This project was funded in part by a cooperative agreement with the Centers for Disease Control and Prevention (grant number NU50CK000580). The Centers for Disease Control and Prevention is an agency within the Department of Health and Human Services (HHS). The contents of this resource center do not necessarily represent the policy of CDC or HHS, and should not be considered an endorsement by the Federal Government.*

## VACCINE CONFIDENCE: NURSES TURN SKEPTICISM INTO ACTION

During this series, we'll hear from nurses across the country about their experiences with vaccines and vaccine deployment. In this episode, we start in our hometown, Philadelphia, Pennsylvania, and talk with local nurses Monica Harmon and Maria Mazzocchi.

- **Monica Harmon** brings her expertise as a public health nurse to many arenas, which include including a school nurse, adjunct faculty at Thomas Jefferson University and Lincoln University, and co-chair of the Nurse Diversity Council at the Pennsylvania Action Coalition.
- **Maria Mazzocchi** is a public health nurse supervisor for the Philadelphia Nurse-Family Partnership at the National Nurse-Led Care Consortium, where she supports their public health nurse home visiting programs for families with children under the age of five.

Monica and Maria walk us through their decision-making process about why they decided to get vaccinated, including their initial hesitation. They also outline the steps nurses can take to become a vaccine ambassador.

## VACCINE HESITANCY: IS HEALTHCARE LISTENING?

We'll hear from nurses across the country sharing their experiences with vaccine rollout and vaccine hesitancy in the communities they serve. In this episode, we start in Boston, Massachusetts, and move to east-central Kansas, and talk with nurses, Dr. Deborah Washington and Ashley Beying.

- **Dr. Deborah Washington** is the Director of Diversity for Nursing & Patient Care Services at Massachusetts General Hospital since 1995. She also serves on diversity advisory committees for multiple nursing schools and led diversity committees for the National Black Nurses Association and the Future of Nursing: Campaign For Action.
- **Ashley Beying** is a nurse practitioner primarily caring for patients across the lifespan at the Waverly Medical Clinic, associated with the Coffey Health System in east-central Kansas. She also works at the Coffey County Health Department and provides well-woman care in that setting.



# Vaccine Confidence Series

March - June 2021

## VACCINE CONFIDENCE: BUILDING TRUST

In this episode, we discuss behavioral techniques nurses are adopting at this time to build confidence in COVID-19 vaccines and how trust and empathy are crucial to the process.

Our conversation begins with nurses Dr. Stephen Perez and Jasmine Nakayama from the Centers for Disease Control and Prevention (CDC) and concludes with Dr. Gloria Jones, a family nurse practitioner in Silver Spring, Maryland.

- **Dr. Stephen Perez** is a lieutenant in the US Public Health Service and nurse epidemiologist with the Transmission and Molecular Epidemiology Team in the Division of HIV Prevention at the CDC. Recently he served as the clinical lead for the CDC Vaccine Confidence Team.
- **Jasmine Nakayama**, Epidemic Intelligence Officer at the CDC National Center for Chronic Disease Prevention and Health Promotion in the Division of Nutrition, Physical Activity, and Obesity.
- **Dr. Gloria Jones**, a Maryland-based family nurse practitioner, about her strategies for bolstering vaccine confidence in the community where she provides care for individuals with intellectual and developmental disabilities.

## VACCINE CONFIDENCE: COMMUNITY PARTNERSHIPS & ACCESSIBILITY

In this episode, we talk to three nurse practitioners based in Topeka, Kansas, and Milford, Massachusetts, about the role of community partnerships and vaccine distribution.

- **Patrick Muchina** is the family nurse practitioner manager at Pine Ridge Family Health Center in Topeka.
- **Amanda Hartman** is a nurse practitioner and was part of the team that started Pine Ridge, where she currently works part-time caring for patients and teaches at Washburn University School of Nursing. Pine Ridge serves as a clinic for Topeka Housing Authority residents and as a training site for student nurses.
- **Sydney Engel** is a nurse practitioner from Milford, Massachusetts, and speaks about how she and her colleagues are addressing vaccine accessibility issues facing their patients, many of whom are new immigrants.



# Vaccine Confidence Series

March - June 2021

## SHARING YOUR VACCINATION EXPERIENCE

In this episode, We talk to registered nurse Melody Butler from Long Island and two nurse practitioners Deepika Goyal and Melina Moran from the West Coast.

- **Melody Butler** is an infection preventionist at Good Samaritan Hospital Medical Center and runs Nurses Who Vaccinate, a nurse-driven organization she founded ten years ago.
- **Melina Moran** is a family nurse practitioner at a clinic in Redmond, a rural community in Central Oregon. She walks us through the conversations she's been having with patients who are unsure about getting vaccinated.
- **Dr. Deepika Goyal** is a professor at San Jose State University in San Jose, California, and a family nurse practitioner specializing in OB-GYN care at Santa Clara Valley Medical Center. She shares vaccination concerns specific to reproductive health and her research on the impact of the pandemic on maternal mental health.

## VACCINE CONFIDENCE: IDENTIFYING TRUSTED MESSENGERS

In the final episode of our six-part COVID-19 Vaccine Confidence series, we hear from nurses across the country about what it means to be a trusted messenger and how to address vaccine hesitancy in the communities they serve. We talk to nurse practitioner, Dr. Meriam Caboral-Stevens and nurses, Opeyemi Ogunniyi and Reglita Laput.

- **Dr. Meriam Caboral-Stevens** is a nurse practitioner and researcher/faculty member at Eastern Michigan University in the School of Nursing and faculty at the university's Center for Health Disparities Innovations and Studies. She shares with us what her vaccination rollout experience has been like so far in developing outreach efforts within Michigan's Asian and Arab American communities.
- **Opeyemi Ogunniyi** is a registered nurse in Houston, Texas, and is currently working in the medical-surgical unit. She shares her experience navigating vaccine hesitancy with patients and what she is hearing from family and friends in her hometown, Lagos, Nigeria.
- **Reglita Laput** is a community health nurse in Michigan and Director of Clinical Services for a homecare program. She also serves as the current president of the Philippine Nurses Association of Michigan and has been active in helping organize community-based vaccination events.



# SEASON 3

Access to Care Special Series  
*June 2021*

## WHAT'S NEXT FOR THE FUTURE OF NURSING?

In this episode, PA Action Coalition Executive Director Sarah Hexem Hubbard speaks with Regina Cunningham and Marcus Henderson.

- **Regina Cunningham** is the Chief Executive Officer at the Hospital of the University of Pennsylvania, as well as an adjunct professor and assistant dean at Penn School of Nursing.
- **Marcus Henderson** is a psychiatric mental health nurse and serves as the charge nurse of adolescent services for the Fairmount Behavioral Health System. He's also a lecturer at Penn School of Nursing.

Regina and Marcus served on the committee for the recently released Future of Nursing 2020 to 2030 report from the National Academy of Medicine. During their conversation with Sarah, they highlight some of the key findings and recommendations to come out of the seminal study dedicated to charting a path to achieve health equity.

## MOVING THE NEEDLE ON NURSE PRACTITIONER EDUCATION AND TRAINING

In this episode, we spend time with Dr. Barbara Todd to discuss the role of mentorship and education in nurse practitioner training. Dr. Todd shares her personal clinical and teaching experience and emphasizes the importance of diversity in the workforce to support nurse practitioners who work in underserved communities.

- **Dr. Barbara Todd** is an experienced nurse practitioner certified in both family practice and acute care. She currently holds a leadership position as the Director of Practice and Education Advanced Practice at the Hospital of the University of Pennsylvania (HUP). Dr. Todd also teaches at the University of Pennsylvania School of Nursing and is a senior fellow at the Center for Health Outcomes and Policy Research.

## SANCTUARY FARM: NURSING IN THE OPEN AIR

In this episode, we speak to **Andrea Vettori**, a nurse practitioner, and Executive Director of Sanctuary Farm.

Sanctuary Farm consists of several growing lots that were previously abandoned and neglected in the North Philadelphia neighborhood of Sharswood. The organization helps meet a wide range of needs around nutrition, wellness, social and economic justice, and community safety. Andrea shares how she got into nursing and how Sanctuary Farm is a form of community-based health care.



# SEASON 3

Access to Care Special Series  
*June 2021*

## MORE RESEARCH NEEDED TO ADVANCE SCHOOL NURSING

In this episode, we continue our coverage of school nursing as it remains an under-recognized and under-resourced field. Erin Maughan, a former school nurse, and leading school nurse researcher shares her perspective with us.

**Erin Maughan** is the Director of Research at the National Association of School Nurses (NASN). She previously taught public health nursing at Brigham Young University. As Research Director at NASN, she is working to build up the research infrastructure around school nursing to advance the field, including efforts to increase and standardize data collection that will ultimately help shape future practice and policy.

## SCHOOL NURSES' RESILIENCE THROUGH THE COVID-19 PANDEMIC

In this episode, PA Action Coalition Executive Director Sarah Hexem Hubbard speaks with three school nurses in Pennsylvania about their experience as a school nurse during the pandemic.

- **Tracey Glynn-Roulinavage**, a registered nurse with more than twenty years of experience, works within the Wilkes-Barre Area School District in northeastern Pennsylvania. She transitioned from acute care hospitals to school nursing four years ago and currently works at Heights Murray Elementary School.
- **Wendy Robison** is a certified school nurse within the Western Beaver County School District in western Pennsylvania. She is the recipient of the 2021 School Nurse Excellence Award from the Pennsylvania Association of School Nurses and Practitioners (PASNAP). In addition to working as a school nurse, she serves as a nurse practitioner in an urgent care clinic during weekends, holidays, and the summer.
- **Diane Shannon** is a school nurse at Kennett Middle School in southeastern Pennsylvania and has been a school nurse the past 23 years. She is also the nurse coordinator for the Kennett Consolidated School District in Chester County and served as the district's pandemic coordinator this past year, having recognized for her work as a nurse leader with the 2021 School Nurse Excellence Award from PASNAP.

Throughout this episode, these three nurses disclose how their experience from this past year and their work before becoming a school nurse helped them respond to the pandemic's demands on schools.





# SEASON 3

Access to Care Special Series  
*June 2021*

## **PENNSYLVANIA'S DENTAL DESERTS: PREVENTATIVE ORAL HEALTHCARE IN THE COAL REGION**

In this episode, we venture to Pennsylvania's Coal Region to learn how some health systems are working to expand access to dental care and improve oral health for children in underserved areas. The shortage of pediatric dentists has underscored the need for preventative care since long before the pandemic exacerbated it.

We'll hear from nurses and dentists delivering care in rural counties, as well as advocates working on the issue across Pennsylvania.

- **Tammy Lobach**, a family nurse practitioner shares the challenges faced by her patients. Most of them rely on Medicaid or state insurance for medical coverage, but relatively few dental practices accept public insurance. Internet accessibility is another hurdle.
- **Kelly Braun** is a dental hygienist and the dental delivery systems coordinator for the Pennsylvania Office of Rural Health, where she manages trainings for primary care providers and other initiatives to improve dental health. She also oversaw the Medical Oral Expanded Care initiative (MORE Care) to train nurses and other primary care providers in preventative dental care. Launched by the DentaQuest Partnership for Oral Health Advancement, MORE Care programs have been implemented in rural Pennsylvania, South Carolina, Colorado, and Oregon during the past several years.
- **Jessica Brennan**, a public health dental hygiene practitioner is a part-time specialist at the St. Luke's Miners Hometown Federal Rural Health Clinic in Tamaqua, Pennsylvania. She relates her experiences working at the clinic's relatively new dental office, which opened in 2019.
- **Dr. Soumaya Bendjilali** is a part-time specialist at the St. Luke's Miners Hometown Federal Rural Health Clinic in Tamaqua, Pennsylvania. She relates her experience working at the clinic's relatively new dental office, which opened in 2019.
- **Helen Hawkey** is the Executive Director of the Pennsylvania Coalition for Oral Health. She explains how the coalition's mission expanded from increasing access to fluoridated water to working with a diverse group of leaders on multiple initiatives to improve oral health across the state.



# SEASON 3

Access to Care Special Series  
*June 2021*

This is a two-part episode highlighting access to culturally competent care, specifically LGBTQ+ inclusive care.

## LGBTQ+ INCLUSIVE CARE, PART 1: PERSONAL EXPERIENCES

Part 1 features an in-depth healthcare consumer panel focused on strategies to improve LGBTQ+ health outcomes. Adrian Shanker moderated the panel during the “Pennsylvania’s Healthcare Mosaic: Advocacy and Equity in Action” Virtual Conference March 1-5, 2021. Panelists Alisa Bowman and Preston Heldibridle share the lived experiences of LGBTQ+ people accessing healthcare.

- **Adrian Shanker** is the founder and Executive Director of the Bradbury-Sullivan LGBT Community Center in Allentown, Pennsylvania. He is the editor of the book, **Bodies and Barriers: Queer Activists on Health**.
- **Alisa Bowman** is an advocate for trans youth of all ages and the trans community in general. She is a parent of a trans child and co-author of the book, **Raising the Transgender Child**.
- **Preston Heldibridle** is the Executive Director of the Pennsylvania Youth Congress (PYC). He is an advocate in Harrisburg and across the state for issues of importance to LGBTQ+ youth, especially for trans and non-binary youth.

## LGBTQ+ INCLUSIVE CARE, PART 2: DISCUSSING EQUITABLE HEALTHCARE ACCESS

Part 2 features an in-depth conversation with Dr. Rachel Levine, United States Assistant Secretary for Health and Adrian Shanker, Founder and Executive Director of the Bradbury-Sullivan LGBT Community Center.

As part of their conversation Dr. Levine and Adrian Shanker address common disparities that exist for racial, ethnic and gender minorities. They also discuss how our healthcare system could be better designed to promote equitable access to care and well-being. This includes what happens when providers adopt cultural competency and humility in their practice and the roles that health education and research can play.

- **Dr. Rachel Levine** is the 17th Assistant Secretary for Health for the United States Department of Health and Human Services or HHS. Prior to serving in this position, Dr. Levine was Pennsylvania’s Secretary of Health.
- **Adrian Shanker** is the Founder and Executive Director of the Bradbury-Sullivan LGBT Community Center in Allentown, Pennsylvania. He is the editor of the book, **Bodies and Barriers: Queer Activists on Health**.



# SEASON 3

Access to Care Special Series  
*June 2021*

## SEXUAL ASSAULT NURSE EXAMINERS: SUPPORT AND STANDARDS ACROSS STATE LINES

**\*This episode contains content that may be alarming to some listeners including descriptions of sexual assault and traumatic events. Listener discretion is advised**

Continuing our special series highlighting access to care, this episode features conversations with sexual assault nurse examiners (SANEs) across the country about new national standards under development to improve care for victims. This summer the National Institute for Standards and Technology launched the effort with support from the Department of Justice and the International Association of Forensic Nurses. We will learn from nurses how important this initiative is to advance and sustain care for victims of sexual assault.

- **Vikki Vodasia** is a SANE at Children's Hospital Intervention and Prevention Services in Birmingham, Alabama. Vikki explains how rape kits can be different from state to state and what that means for survivor care, evidence collection, and more.
- **Kayce Ward** is a SANE and Forensic Nurse Program Manager at the Center of Excellence in Forensic Nursing College of Nursing at Texas A&M University and of the Texas Teleforensic Remote Assistance Center (Tex-TRAC). Kayce shares how rape kits have been standardized across Texas in recent years and how this has improved care for survivors.
- **Caitlin Yerkes** is a Forensic Nurse Examiner in Virginia and a telecine expert consultant at Penn State's SAFE-T Center. SAFE-T stands for Sexual Assault Forensic Examination - Telehealth. This initiative pairs more experienced SANEs with less experienced providers to team up on exams using telehealth, including across state lines. Caitlin virtually supports Pennsylvania-based providers from her home outside Washington, D.C.

**This episode builds from a previous episode where we highlighted Penn-State's SAFE-T Center's innovative program to close a gap in services offering telehealth support medical practices in rural and underserved areas.**

**We encourage you to learn more about their work on our feature here:**  
[Episode 1: Sexual Assault Nurse Examiners](#)



# SEASON 3

Access to Care Special Series  
*June 2021*

## **SOCIAL SAFETY NET: HOW NURSES AND LAWYERS COLLABORATE TO SUPPORT MOTHERS AND FAMILIES**

In this episode, we delve into a range of issues related to clients from the National Nurse-Led Care Consortium's (NNCC) nursing initiatives, Nurse-Family Partnership (NFP) and Nursing Legal Partnership (NLP), including pregnancy work discrimination, the absence of paid parental leave, challenges with accessing COVID-era unemployment assistance, and the impacts of these factors on maternal and child health. We hear from **Rachel Mark and Susanna Greenberg**, two legal aid attorneys, and public health nurse, **Erin Blair** about the complicated lives of the growing families they directly serve during the pandemic.

NNCC consists of various nursing initiatives including the Philadelphia Nurse-Family Partnership (NFP) and Nursing Legal Partnership (NLP), which reach between 600-800 families impacted by economic and other social barriers. NFP links first-time low-income mothers with a nurse home visitor during pregnancy and until the baby turns two. Staff attorneys for the NLP are from HELP: MLP, the legal aid partner in our Nursing Legal Partnership. They are fully integrated into NNCC's programs and services to help clients and nurses.

Both programs shifted services to telehealth through most of the COVID-19 pandemic. Our speakers highlight the critical gap in relief for clients who were pregnant but unemployed before the pandemic and who were not eligible for any of the pandemic-era unemployment expansions. At the same time, they highlight many other families who were able to receive assistance that ultimately helped them save money and take care of their new babies during the pandemic.

- **Rachel Mark** is a staff attorney for the Nursing Legal Partnership (NLP).
- **Erin Blair** is the Nurse Liaison for policy, advocacy, and complex case navigation with HELP: MLP (Health, Education and Legal assistance Project: A Medical-Legal Partnership) Nursing Legal Partnership (NLP).
- **Susanna Greenberg** is the Managing Attorney for HELP: MLP Nursing Legal Partnership (NLP).



# SEASON 3

Access to Care Special Series  
*June 2021*

## HOUSING IS HEALTH: LA MAESTRA COMMUNITY HEALTH CENTERS

In this episode, we speak with **Zara Marselian** and **Javier Rodriguez** from **La Maestra Community Health Centers** in San Diego. Zara Marselian is La Maestra's President and Chief Executive Officer, and Javier Rodriguez is the Chief Medical Officer.

La Maestra is a Public Housing and Special Populations Federally Qualified Health Center that has 18 primary care sites operated by more than 600 staff and many volunteers. Each year, La Maestra provides services to more than 45,000 people, specializing in care for mainly immigrants, refugees, low-income individuals and the homeless.

Throughout this episode, Zara and Javier highlight how La Maestra supports various housing needs ranging from programs for people living in public housing, experiencing homelessness, and human trafficking to counseling for renters and residents receiving public assistance.

- **Zara Marselian** is La Maestra's President and Chief Executive Officer.
- **Javier Rodriguez** is the Chief Medical Officer.

## HOUSING IS HEALTH: COVID-19 TESTING AND VACCINATION WITHIN PUBLIC HOUSING COMMUNITIES

In this episode, we speak with registered nurses, **JoAnne Ivory** and **Dora Loya** from **TCA Health**. They share how they set up and have run COVID-19 vaccination clinics at various public housing community sites in Chicago. They also discuss how they are adapting to the growing demand for COVID-19 testing.

- **JoAnne Ivory** is TCA Health's Clinical Manager
- **Dora Loya** is the Director of Clinical Services. They both specialize in community health work with public housing residents in Chicago.

TCA Health started as a private clinic in 1970, within one of Chicago's public housing developments, and later became a non-profit health care center and a Section 330 Community Health Center and Public Housing Primary Care grantee.



# SEASON 3

Access to Care Special Series  
*June 2021*

## EXPANSION OF COMMUNITY-BASED INTERVENTIONS FOR HCV

In this episode, we focus on community-based hepatitis interventions for the Hepatitis C Virus (HCV) and learn more about one of Philadelphia's efforts where nurses and patient navigators collaborate to test and treat HCV.

To dive into this topic, we're joined by **Bibbi Stokes**, an Infectious Diseases Nurse Manager and experienced Population Health Manager at **Public Health Management Corporation**. Our conversation touches on the game changers within HCV treatment, including the switch to an all-oral antiviral treatment allowing for more community-based HCV treatment.

## DIABETES MANAGEMENT IN RURAL HEALTH CARE SETTINGS AND TECHNOLOGICAL ADVANCEMENTS

In this episode, we speak with **Rhonda Pfenning** and **Janet Wanek** from the **Coal Country Community Health Center** in North Dakota. Coal Country is a federally qualified health center, providing services in four clinics throughout the state. We learn about Coal Country's best practices around telehealth and patient education for diabetes prevention and self-management, as well as barriers patients might encounter around technology and transportation within a rural health care setting.

- **Rhonda Pfenning** is a registered nurse and certified diabetes educator,
- **Janet Wanek** is a licensed registered dietitian nutritionist.





# COVID-19 Special Report Series

June - April 2022

As part of our special COVID-19 pandemic coverage, we are continuing with a Special Report series that can be helpful to nurses and the communities they serve.

## NAVIGATING VACCINATION EFFORTS: LESSONS LEARNED AND NEW CHALLENGES

In this episode, we hear from **Carl Hinson** and **Maria Saldiva**. They share their latest insights, lessons learned, and current approaches to navigating vaccination efforts in Texas and Hawai'i.

- **Carl Hinson** is the Director of Workforce Development for Hawai'i Pacific Health. The organization leads mobile vaccination efforts across Hawai'i by recruiting high school students to vaccinate community members and converting motor coach buses into mobile vaccine clinics.
- **Maria Saldiva** is a Clinical Assistant Professor at the University of Texas Health San Antonio School of Nursing and a Family Nurse Practitioner at the university's Wellness 360 Clinic. She is also a member of the National Nurse-Led Care Consortium's Vaccine Confidence Advisory Committee. Maria shares issues that she and her colleagues are facing at this point in the pandemic, like determining when positive COVID-19 patients can return to work or school.

## CULTIVATING SUPPORT, RESILIENCE AND RETENTION FOR THE HEALTH PROFESSIONS

Continuing our Special Report series with COVID-19 pandemic coverage, we speak with Dr. Paula Milone-Nuzzo about the current workforce crisis in health care. Discussing the continued need to reframe training and education for health professions, we explore potential solutions that could help cultivate more support, resilience, and retention.

- **Dr. Paula Milone-Nuzzo** is currently a professor and President of MGH Institute of Health Professions, a graduate school started by Massachusetts General Hospital. Leading an extensive career in academia, her research interest includes workforce development, careers in health care, and care for the elderly.

## BURNOUT AT A SYSTEMS-LEVEL

In this episode, we hear from Dr. Dewi Brown-DeVeaux about burnout at a systems-level and how it influences vaccine confidence at this point in the pandemic. Dr. Brown-DeVeaux shares her perspective on what she thinks are the major causes of burnout in the healthcare space and what we can do to address it.

- **Dr. Dewi Brown-DeVeaux** is the Director of Nursing Services for Interventional Radiology/Infusion/Family Group Practice at a major academic Medical Center in New York City.



# COVID-19 Special Report Series

June - April 2022

## BURNOUT OR BURNDOWN? HOW TO SUPPORT HEALTH PROFESSIONALS

In this episode, we hear from Dr. Ali Tayyeb. When discussing his views on the impact of burnout, Dr. Tayyeb uses the word “burndown” instead. Dr. Tayyeb explains that the term “burnout” implies that healthcare professionals instigate it through their personal actions, whereas the term “burndown” focuses on systemic issues embedded in the healthcare field.

- **Dr. Ali Tayyeb** is a registered nurse and Assistant Professor at California State University, Los Angeles. Dr. Tayyeb is also a United States Navy veteran who specialized in combat trauma and is host of the podcast, **RN Mentor**.

## LEVERAGING NURSE VOLUNTEERS TO COMBAT VACCINE MISINFORMATION

In this episode, we speak with **Garrett Chan**. He’s the nurse leader behind HealthImpact, which is a California-based organization that has driven workforce development innovations within nursing. Over the course of the pandemic, HealthImpact has been behind two major initiatives to help promote vaccine confidence: VaxForce and Trust a Nurse, Ask a Nurse.

VaxForce was launched to recruit skilled volunteers who could perform vaccinations, while the Trust a Nurse, Ask a Nurse program relies on volunteer nurses to field vaccination questions from community members.

- **Garrett Chan** is the President and CEO of **HealthImpact**, and also an associate adjunct professor at the University of California San Francisco. Previously, he served as Director for the Center for Education and Professional Development, and Director of Advanced Practice at Stanford Healthcare

## TRUST A NURSE, ASK A NURSE: BUILDING VACCINE CONFIDENCE THROUGH TELEHEALTH

In this episode, we speak to Lizett Leandro about her work as a consultant for the Trust A Nurse, Ask A Nurse program, a telehealth platform created by HealthImpact. The program relies on volunteer nurses to field vaccination questions from community members. Lizett helped create the initiative’s informational template and shares her experience with this type of public health outreach.

- **Lizett Leandro** is the Director of Clinical Services and Quality for a senior living non-profit in Southern California and a Gerontology Nurse Practitioner and Nurse Consultant at HealthImpact. She oversees nursing education policy and procedures and quality improvement for skilled nursing facilities and assisted living communities.



# Scope of Practice Regulations for NPs

June 2022

## AWARD-WINNING PENNSYLVANIA NURSE STYMIED BY ANTIQUATED LAW

This is Part 1 of our special two-part series about scope of practice regulations for nurse practitioners (NPs). Full practice authority permits nurse practitioners, who are nurses with advanced degrees, to deliver healthcare without unnecessary barriers or restrictions. Currently, 26 states across the United States grant full practice authority for NPs.

In this episode, we hear from **Lynn Heard DNP, CRNP**, a family nurse practitioner and longtime school nurse. She's based in Pennsylvania, a reduced practice state, meaning NPs must have a collaborative agreement with two physicians in order to prescribe medicine and provide their full spectrum of care. At the start of the pandemic, Heard lost her collaborative agreement after the physician she worked with closed down their practice. Since then, she's had trouble finding new physicians to collaborate with and has scaled back her family practice considerably.

We also hear from **Bonnie McFarland** and **Susan Donces**, two of Heard's longtime patients. Since Lynn does not have a collaborating physician, McFarland can no longer see her and refuses to choose a new primary care provider. Donces continues to see Heard as her primary healthcare provider, but she cannot receive prescribed medication.

## WHY A RED STATE AND A BLUE STATE MADE THE SAME CHANGE TO THEIR NURSING LAW

This is Part 2 of our special two-part series about scope of practice regulations for nurse practitioners (NPs).

Currently, 26 states across the United States grant full practice authority for NPs, with Kansas and New York modernizing their laws most recently. In this episode, we hear more about how these two states moved towards full practice authority and what this could mean for other states, such as Pennsylvania, where reduced practice regulations exist.

Joining us for this conversation are Pennsylvania State Senator Camera Bartolotta and Dr. Tay Kopanos. Topics covered include current obstacles to full practice authority and the future of primary care needs.

- **Senator Camera Bartolotta** is a Republican State Senator representing southwestern Pennsylvania's 46th District.
- **Dr. Tay Kopanos** is a nurse practitioner and the Vice President of State Government Affairs for the American Association of Nurse Practitioners.



# Mental Health Integration

October 2022

These episodes are part of an ongoing series about mental health integration services as part of the National Nurse-Led Care Consortium's (NNCC's) work through the Philadelphia Nurse-Family Partnership and Mabel Morris Family Home Visit Program.

## HOW ACCESS TO THERAPY TRANSFORMS NEW PARENTS' MENTAL HEALTH

Home visiting nurses from at NNCC identified the growing demand for mental health care for clients. In response, NNCC onboarded two therapists to provide counseling directly to parents in the home visiting programs at no cost to the client.

In this episode, we speak to two mothers currently receiving therapeutic services through the Joseph J. Peters Institute. Both mothers share their experience, including changes in how they view their role as a parent, learning to cope with childhood trauma, and the impact that access to therapy has made in their lives so far.

**\*Content Warning: Child abuse is briefly discussed in this episode.**

## EXPLORING SYSTEMIC SOLUTIONS TO GROWING MENTAL HEALTH NEEDS

In this episode, NNCC Executive Director Sarah Hexem Hubbard sits down with **Dr. Ivan Haskell**, Executive Director of the Joseph J. Peters Institute (JJPI) in Philadelphia. Dr. Haskell discusses the growing need for affordable access to therapy services, and the many legal, regulatory, and logistical barriers people face while seeking therapy. The episode highlights the disproportionate impact that these barriers have on low-income patients of color, which make up a large portion of JJPI and NNCC's client bases.

The episode also discusses various changes that could improve access to therapy, including reforms to insurance policies and reimbursement, the expansion of telehealth, and easing burdens on providers.



## Special Training Coverage Community Health

November 2022

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### HOW COMPASSION AND RELATIONSHIPS REDUCE CHRONIC STRESS

In this episode, we hear about the impact of chronic stress on personal and community health from two longtime community health professionals, Uzuri Pease-Greene and Jeneen Skinner. Interviewed by Jillian Bird, Director of Training and Technical Assistance at the National Nurse-Led Care Consortium, Pease-Greene and Skinner share their experiences working at the community level along with the lessons they have learned and the importance of trust to relationship building.

- **Jeneen Skinner** works in Camden, New Jersey and is the Senior Clinical Manager for care management initiatives for the Camden Coalition of Healthcare Providers
- **Uzuri Pease-Greene** is the Executive Director of Community Awareness Resource Entity (C.A.R.E.) in San Francisco.

To learn more about the issues discussed in this episode, check out a related training webinar available online: **Chronic Stress, Housing, and Health: Patient Experiences and Strategies for Comprehensive Care.**

### EQUITABLE DIABETES PREVENTION: KEYS TO SUCCESS FROM A PACIFIC ISLANDER COMMUNITY

This episode is about equitable diabetes prevention services for special and vulnerable populations, specifically Pacific Islanders. We speak to Jen Lee from the Association of Asian Pacific Community Health Organization (AAPCHO) and Cecilia Sigrah from Kosrae, an island in the Federated States in Micronesia about the rollout of their **Pacific Islander Diabetes Prevention Program (PI-DPP)** - now entering its fifth year. Interviewed by Jillian Bird, Director of Training and Technical Assistance at the National Nurse-Led Care Consortium, Lee and Sigrah talk about PI-DPP and the outcomes of providing a tailored prevention program to the communities they serve.

- **Jen Lee** is the Deputy Director for the **Association of Asian Pacific Community Health Organizations (AAPCHO)**
- **Cecilia Sigrah** is the Operations Manager, Coordinator and Lifestyle Coach for the **Kosrae Community Health Center.**



## Special Training Coverage Community Health

November 2022

### HEALING THE COMMUNITY: HOW HEALTH CENTERS CAN ADDRESS COMMUNITY VIOLENCE

In this episode, we have a conversation with two community health professionals about the role community health centers play in addressing community violence. Cheryl Seay and Wayne Clark share how they are working to improve access to health care and reduce violence in their communities. Seay and Clark are interviewed by Jillian Bird, Director of Training and Technical Assistance at the National Nurse-Led Care Consortium to support providers working at community health centers across the country.

- **Cheryl Seay** is the Program Manager for the Center for Community Health Workers at **Penn Medicine at Home** and is the Founder of the **Jarrell Christopher Seay Love and Laughter Foundation**, a nonprofit focused on addressing gun violence and community health.
- **Wayne Clark** is a Health Navigator at **Roots Community Health Center, Inc.** He is also the Founder and Executive Director at **Oakland Impact Center**, which provides innovative counseling, mentoring, skill building, violence prevention training, and more.

### REFRAMING TRAUMA INFORMED CARE AS A SYSTEMS APPROACH

In this episode, we speak to Kathleen Metzker and Sara Reid about centering trauma literacy in the health center medical home and how health systems can cultivate trauma-aware practices as part of their delivery of care. Metzker and Reid are interviewed by Jillian Bird, Director of Training and Technical Assistance at the National Nurse-Led Care Consortium to support providers working at community health centers across the country.

- **Kathleen Metzker** is the **Director of Integrative Health and Mind-Body Services** at the **Stephen and Sandra Sheller 11th Street Family Health Services of Drexel University**. In this multidisciplinary healthcare setting, more than 6,000 patients access a range of services, including: primary care, behavioral health, dental services, and health and wellness programs.
- **Sara Reid** is a **health educator, support group facilitator and consumer board member** for the **Boston Healthcare for the Homeless**. She is a public speaker and delivers trainings on transgender priorities, including teaching medical and behavioral health providers how to provide gender-affirming healthcare.