



## Success with EBP

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# EBP Transition to Virtual

- Developing groups
- Coach interaction
- Coordinator rounding
- Technology
- Safe graduations and presentations



# Developing Groups

- Like-units
- Virtual Communication

<b>ICU</b>		<b>Cardiac</b>	
<b>Kalia</b>	CGICU	<b>Fressy</b>	CG4
<b>Brandon</b>	CGICU	<b>Tracy</b>	M6
<b>Dana</b>	HH MSICU	<b>Caleb</b>	M7
<b>Katelinn</b>	HH MSICU	<b>Cybil</b>	M7
		<b>Deanna</b>	M6
<b>CTICU</b>			
<b>Bryon</b>	CTICU	<b>Neuro</b>	
<b>Mary</b>	CTICU	<b>Tanya</b>	CG2
<b>NICU</b>		<b>ED</b>	
<b>Tayah</b>	NICU	<b>Amber</b>	HHED
<b>Rachel</b>	NICU	<b>Anthony</b>	HHED
		<b>Alicia</b>	HHED
<b>L&amp;D/AG8</b>		<b>Steven</b>	HHED
<b>Kristina</b>	Carlisle LD	<b>Cory</b>	CGED
<b>Shelby</b>	Carlisle LD	<b>Tonya</b>	Carlisle ED
<b>Emma</b>	Ag8	<b>Kelly</b>	HHED
<b>Allison</b>	Ag8	<b>Bethany</b>	CGED
		<b>Justin</b>	CGED
<b>Peds</b>		<b>Garrett</b>	HHED
<b>Kylie</b>	Pediatrics		
<b>Zoe</b>	Pediatrics	<b>Surgical Services</b>	
		<b>Holly</b>	PACU
		<b>Hannah</b>	HH OR

# Coach Interaction

- How and When
- Email communication
- Accountability
- Technology



# Coordinator Rounding

- Check-ins
- Identification of problems
- Topic changes
- Accountability vs. micromanagement



# Project Checklist

Goal	Action Items & Deadlines	Comments/Notes
-Project introduced in NRP -Brainstorm project ideas	<b>Email project idea to Unit Director by 2/1/2021</b>	Using the template provided, email your Unit Director about your project idea. Be sure to cc: <a href="mailto:zellerds@upmc.edu">zellerds@upmc.edu</a>
-Matched with Project Coach -Determine if project is QI or EBP in nature -Guiding Question or PICO(T) Question development		Your Project Coach is <hr/> My Nurse Residency project is <b>QI</b> <b>EBP</b> <i>(Circle one)</i>
-Assessment of Problem or Knowledge/Skill/Practice Gap	<b>Email project progress update to Unit Director by 4/1/2021</b>	This could be a unit based survey or questionnaire, review of unit quality data, or personal experience/direct observation  Using the template provided, email your Unit Director with updates on your project progress Be sure to cc: <a href="mailto:zellerds@upmc.edu">zellerds@upmc.edu</a>
Begin Literature Search		
Literature Search, continued		
-Synthesize findings, develop recommended practice change  -Create slideshow presentation using provided template as a reference	<b>Submit draft of project to Project Coach by 7/1/2021</b>	
		Please incorporate any suggested edits from your Project Coach prior to final submission
Complete slideshow presentation	<b>Submit final project by 8/5/2021</b>	Submit final project to <a href="mailto:zellerds@upmc.edu">zellerds@upmc.edu</a>
Presentations & Celebration	<b>Come prepared to present your final project! Business casual dress encouraged.</b>	Let's Celebrate!

# Technology

- Access to resources
- Technology skill level
- Sharing presentation



My Nursing Residency Presentation... Search

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1 My Awesome Project

# My Awesome Project

By: Florence Nightingale



# Safe Graduation Presentation

- In person or virtual?
- Cohort size
- Guests?





*Or*, taking a different tack on residency EBP work

# Challenges with virtual residency EBP work

- Technical
- Technical
- Technical





## EBP project converted to *individual* EBP work

- Minimize tech challenge of migrating into work group

My Nursing Residency

Evidence Based Practice Project: *Ignite a Spirit of Inquiry*

Choose at least 2 of the questions below to answer. Please discuss this with your residency classmates, and with your unit leadership (Unit Director, Clinicians) and colleagues before your next residency session.

		How do I know this is a problem or opportunity?
What is one patient care process that frustrates me the most?		
What things do we do that are in contradiction with policy?		
What practices do I see that are different from what the evidence would suggest?		
How can we improve our patient experience measures? (i.e., HCAHPS)		
What nurse-sensitive outcomes can we better ensure?		

How do I know this is a problem or opportunity?

What is one nursing care process that I think we could do better?

What is one nursing care process that I think we could do more efficiently (with fewer resources—less time, fewer/less expensive materials, minimize waste)

What is one practice/process that frustrates me personally or professionally? (i.e., schedules, assignments, lunch coverage, group engagement, peer collaboration, interprofessional collaboration)

What knowledge deficit do I/my colleagues have related to the care of our patients?

How can we better ensure safety for either patients or staff?

What goals or initiatives is my department working toward?

My Nursing Residency

Evidence Based Practice Project: *Ignite a Spirit of Inquiry*

Choose one of the ideas (opportunity) for practice improvement that you identified for your practice area/unit/department.

1. Share a summary of this information with your Clinical Reflections group during your monthly Clinical Reflections discussion, following the points below.
2. Have a conversation with your Unit Director or Clinician during your monthly touch-base meeting, following the points below.

Opportunity/idea for practice improvement/enhancement	
Why do <b>you</b> care about this?	
How do you know this is an opportunity for improvement?	
Relevant article from the nursing literature on how to improve this practice  (please cite article using APA format)	
Recommended practice change from the article	

How would this be implemented in your practice area?	
Who would impact or be impacted by this? (nursing staff, patients, physicians, etc.)	
Would there be any cost involved in implementing this practice improvement? (i.e., staff time, materials, equipment)	
How would you measure improvement outcomes?	
Are you interested in pursuing this practice improvement beyond this discussion?	
Who could be a resource to help you implement this practice improvement?	



Questions

Responses

## My idea for practice change-- Residency Cohort 13 4.6.2021

We'd like to see how you are progressing, and also share your great ideas with our nurse leaders!

1. Your name:

3. Opportunity/idea for practice improvement/enhancement

7 mins

Progress checks to keep on track



Stay Tuned.  
Coming Soon!